

Prescription 2 Fitness  
Laser and Aesthetic Center  
Greg Flippo, M.D.

**Post Treatment for Tattoo Removal**

- Avoid using any soap on the treated area during the same day of treatment.
- Avoid prolonged, direct sun exposure to the treated area for at least 2 weeks
- After any crusting to treated area has healed, apply moisturizing lotion to the treated area twice a day for 1 week after treatment.
- If sun exposure is unavoidable, you must apply a sunscreen with a SPF of at least 30 to the treated area.

**Possible Side Effects of Treatment**

- Changes to skin texture: A crust or blister may form which may take 5-10 days to heal. As with any wound that results in a crust or blister, improper care could lead to long term or permanent textural changes.
- Change in pigmentation in the area treated: Most cases occur in people with darker skin or when the treated area has been recently exposed to sunlight. In some people, hyper pigmentation occurs despite protection from the sun. Such discoloration usually fades in 3-6 months. In very rare cases, the change of pigment may be permanent.
- Scarring: There is a very small chance of scarring. This is rare and mostly occurs in people who have a predisposition to scarring.
- Swelling: Excessive swelling may occur immediately after treatment especially if the area treated was on the nose or cheeks. This is temporary. Swelling usually subsides quickly, but sometimes may last 3-7 days.